

COUNTY OF MONTGOMERY

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MONTGOMERY COUNTY HEALTH DEPARTMENT

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For Immediate Release:

Montgomery County Health Department Flu Clinics Scheduled

September 15, 2011 (Norristown, PA) The Montgomery County Health Department, in conjunction with the Montgomery County Department of Public Safety, will be conducting three drive-thru flu clinics for any Montgomery County resident age 6 months and older. There will also be four walk-in community flu sites. The shots are free for Montgomery County residents.

The following is a list of the drive-thru and walk-in flu clinic dates where you will be able to receive a flu shot. No Pneumococcal or Tdap (Tetanus, Diphtheria and Pertussis) vaccine will be given at the following clinics. At the drive-thru sites all residents will be vaccinated in cars only; no walk-up shots will be given.

DATE	TYPE	TIME	SITE/ADDRESS
10/1/11 Saturday		10 AM – 1 PM	Upper Perkiomen High School 2 Walt Road, Pennsburg
10/15/11 Saturday		10 AM – 1 PM	Montgomery Co. Community College 340 DeKalb Pike, Blue Bell
10/27/11 Thursday		10 AM – 1 PM	Congregation Beth Or 239 Welsh Road, Maple Glen
11/5/11 Saturday		10 AM – 1 PM	Abington Junior High School 2056 Susquehanna Road, Abington



= Drive-thru (vaccinated in your car)



= Walk-in

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POTTSTOWN HEALTH CENTER

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EASTERN COURT HOUSE ANNEX

102 York Road, Suite 401

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The Health Department's **walk-in community flu clinics**, where residents will also be able to receive the pneumonia and Tdap vaccines and the Flumist nasal spray, will begin Thursday, October 13, 2011 and continue through Tuesday, November 1, 2011. Dates, times and locations for these sites are included below.

DATE	TYPE	TIME	SITE/ADDRESS
10/13/11 Thursday		10 AM – 1 PM	Norristown Public Library 1001 Powell Street, Norristown
10/21/11 Friday		10 AM – 1 PM	Sunnybrook Ballroom 50 Sunnybrook Road, Pottstown
11/1/11 Tuesday		3 PM – 6 PM	Upper Merion Township Building 175 West Valley Forge Road, King of Prussia

The above planned sites are dependant upon vaccine availability.

Residents should bring their Medicare card, if they are Medicare eligible.

It is important to receive a seasonal flu vaccine every year because influenza is an exceedingly common virus, and it becomes more common during the winter months. The U.S Centers for Disease Control and Prevention (CDC) estimates that up to one quarter of Americans comes down with the flu during its prime season, which typically lasts from November to March.

Check with your physician, if:

- You are allergic to eggs (eggs are used in the production of flu vaccine)
- You have had a previous serious reaction to a flu vaccine

Possible side effects from injected vaccines:

- Common and mild side effects include soreness at the site of injection, fever and aches, and these usually occur soon after the shot and last one or two days
- Life-threatening allergic reactions are rare but may include high fever, behavior changes, difficulty breathing, hoarseness, hives, paleness, weakness, fast heartbeat or dizziness. If they occur, it is typically within a few minutes to a few hours after the shot.

Who should get a seasonal flu shot?

On February 24, 2010 vaccine experts voted that everyone 6 months and older should get a flu vaccine each year starting with the 2010-2011 influenza season.

While everyone should get a flu vaccine each flu season, it's especially important that the following groups get vaccinated either because they are at high risk of having serious flu-related complications or because they live with or care for people at high risk for developing flu-related complications:

1. Pregnant women
2. Children younger than 5, but especially children younger than 2 years old
3. People 50 years of age and older
4. People of any age with certain chronic medical conditions

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5. People who live in nursing homes and other long-term care facilities
6. People who live with or care for those at high risk for complications from flu, including:
 - Health care workers
 - Household contacts of persons at high risk for complications from the flu
 - Household contacts and out of home caregivers of children less **than 6 months** of age (these children are too young to be vaccinated)

For more information about the flu vaccine or flu clinics contact the Health Department at 610-278-5145.

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